

5 Books of Wisdom and Poetry

- **God provides wisdom for everyday life**



The Title and Structure of Psalms

-Gk. Psalmos=Songs

-Hb. Tehillim=Praises

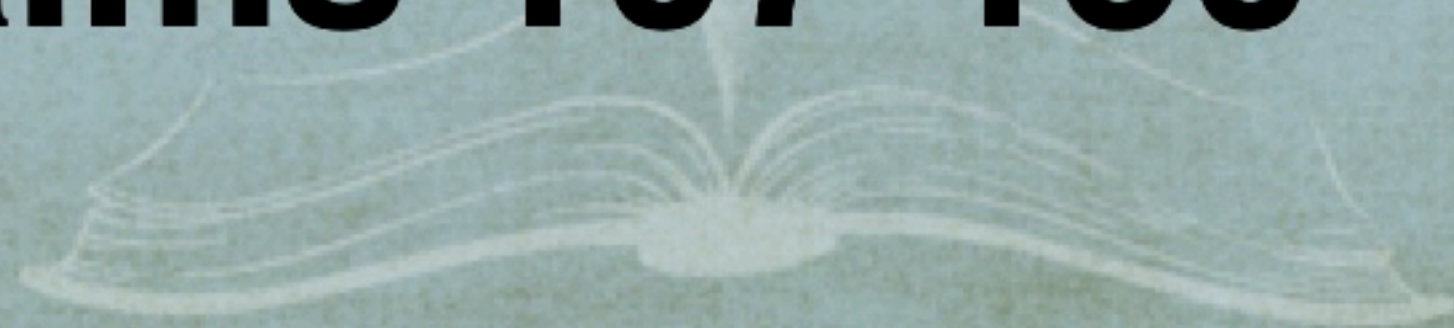
○ Book 1: psalms 1-41

○ Book 2: psalms 42-72

○ Book 3: psalms 73-89

○ Book 4: psalms 90-106

○ Book 5: psalms 107-150



For more on the Psalms as a whole:

- **wcchapel.org/annualfocus**

Psalm 92: “A Psalm. A Song for the Sabbath”

- **What is the Sabbath?**
- **Why is there a Psalm for the Sabbath?**



¹Thus the heavens and the earth were finished, and all the host of them. ²And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done.



³So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

Genesis 2:1-3



Genesis 2:1-2

Rested = Hb. Sabat: to stop



⁸"Remember the Sabbath day, to keep it holy. ⁹Six days you shall labor, and do all your work,



¹⁰but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates.



¹¹For in six days the Lord made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

Exodus 20:8-11



You shall remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm. Therefore the Lord your God commanded you to keep the Sabbath day.

Deuteronomy 5:15



Psalm 92: “A Psalm. A Song for the Sabbath”

- **What is the Sabbath?**
 - **The Sabbath is God’s command to regularly stop to remember who God is, and who we were apart from Him.**
- **Why is there a Psalm for the Sabbath?**



**On the seventh day some of the people
went out to gather, but they found none.**

Exodus 16:27



Psalm 92: “A Psalm. A Song for the Sabbath”

- **What is the Sabbath?**
 - **The Sabbath is God’s command to regularly stop to remember who God is, and who we were apart from Him.**
- **Why is there a Psalm for the Sabbath?**
 - **The Sabbath is hard to remember.**



Psalm 92 helps us remember the Sabbath
I. The sound of the Sabbath—vv.1-5



And he came to Nazareth, where he had been brought up. And as was his custom, he went to the synagogue on the Sabbath day, and he stood up to read.

Luke 4:16

But he would withdraw to desolate places and pray.


Luke 5:16



Sabbatical Journal

6/7/17: Day 24—week 4 (phase 1). 8:30 pm

Today I had to battle feeling a bit stressed. It is such a funny feeling to be stressed in the midst of such a gift of time off. I think I really need to examine why it's hard to take it slow or better yet, just keep taking it slow till it feels normal.



Psalm 92 helps us remember the Sabbath

I. The sound of the Sabbath—vv.1-5

II. The dissonance of the Sabbath—vv.6-9



“The transportation minister, said he was ‘pained’ by the bus service...Shopkeepers for whom Saturday is their only day off complained that their non religious customers—suddenly able to ride to open malls—would desert them.”

***—Defying the Rabbis
Tel Aviv Rolls Out Sabbath Bus Service
New York Times, 1/12/20***

Psalm 92 helps us remember the Sabbath

I. The sound of the Sabbath—vv.1-5

II. The dissonance of the Sabbath—vv.5-9

III. The crescendo of the Sabbath—vv.10-15



And he said to them, "The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath."

Mark 2:27-28

So then, there remains a Sabbath rest for the people of God.

Hebrews 4:9

