

Sermon Follow-up | January 12, 2020

5 Books of Wisdom and Poetry — A Song for the Sabbath

Focus Passage: Psalm 92

Additional Context: Psalms of Praise

Corollary Scripture: Genesis 2:1–3

Other Passages Referenced: Exodus 16:27; 20:8–11; Deuteronomy 5:15; Mark 2:27–28; Luke 4:16; 5:16;
Hebrew 4:9

HORN Or trumpet. A musical instrument that was often used to sound an alarm for war or worship.¹

Sermon Recap: The Psalms are instruction for biblical worship: which prioritizes God, integrates worship and life, and points to Jesus. Psalm 92 is titled, “A Song for the Sabbath.” The English word *Sabbath* comes from the Hebrew word *Sabat*, literally meaning “to stop.” The concept of Sabbath rest is rooted in God’s stopping on the seventh day after His six days of work in creation—Genesis 2:1–3. The LORD both invites and commands human beings to stop their work one day out of seven (Exodus 20:8–11; Deuteronomy 5:15). The Sabbath is God’s command to regularly stop to remember who God is and who we were apart from Him. Psalm 92 helps us remember the sound (praise), dissonance (apparent temporary flourishing of the wicked), and crescendo (the long-term flourishing of those who practice the Sabbath). The sabbath command also served to point us to Jesus who is LORD of the sabbath and provides true, eternal sabbath rest.

Connect: *Making Honest Connections with One Another*

- What did you sense God saying to you through the sermon or your Bible reading this week?
- Can you give a 60 second or less testimony about God’s steadfast love and faithfulness to you?

Grow: *Listening to and Learning from God’s Word –*

1. Noting the title, “A Psalm for the Sabbath,” what activities do verses 1–3 of Psalm 92 associate with the Sabbath?
2. What connection do verses 4 and 5 of Psalm 92 infer about human sabbath and God’s works?
3. What is it that “the stupid man cannot know” and “the fool cannot understand” (Psalm 92:6–7)?
4. How does the LORD compare to the wicked and evildoers in Psalm 92:7–9?
5. What does Psalm 92:15 state as the purpose of the blessings on the righteous noted in verses 10–14?

¹ Jeremiah K. Garrett, “[Horn](#),” ed. John D. Barry et al., *The Lexham Bible Dictionary* (Bellingham, WA: Lexham Press, 2016).

6. How do you respond to the statement, “The LORD commands His people to keep a sabbath so it is disobedience (a.k.a. sin) not to”?

Serve: Serving King Jesus and Others, By Living Out and Letting Others Know God’s Word

1. What is the difference between taking a day off and taking a sabbath day (not necessarily on the 7th day of the week)?
2. What do you think of the statement in the sermon that of all the ten commandments, the command to keep the sabbath is a blind spot for evangelical Christians in our day that often we collectively neglect without any sense of wrongdoing?
3. Why is it important to take a day to stop our work in order to reflect on God’s works?
4. What challenges do you have in stopping your work to dedicate one day a week to worship the LORD for His works? ... Can you share with the group one concrete step you’ll take in the next week to more fully honor the sabbath?

Further Resources

- Illustrations and quotes from the sermon can be found on the “Sermon Slides” link at the bottom of www.wcchapel.org